



Board of Directors

Meeting Agenda

May 8th, 2025

Members Present via MS Teams:

- Barry Buchanan, County Council, Whatcom County; NS BH-ASO Board Chair
- Cynthia Foley, Sr. Legislative Analyst, designated alternate for Strom Peterson, County Council; Snohomish County
- Justin Paulsen, County Council; San Juan County
- Darcy Cheesman, Legislative Aid, designated alternate for Sam Low, County Council; Snohomish County
- Malora Christensen, Response Systems Division Manager, designated alternate for Satpal Sidhu, County Executive; Whatcom County
- Carola Schmid, Designated Crisis Responder, Snohomish County Crisis Services Supervisor, designated alternate for Dave Somers, County Executive; Snohomish County
- George Kosovich, Community Services Division Manager, Skagit County Public Health, designated alternate for Peter Browning, Commissioner; Skagit County
- Kara Allen, Advisory Board Chair; Snohomish County

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- JanRose Ottaway Martin, Executive Director
- Margaret Rojas, Assistant Director
- Michael McAuley, Clinical Director
- Charles DeElena, Business Improvement Manager/Compliance Officer
- Lindsay Lopes, Deputy Director
- Lisa Hudspeth, Contracts Manager
- Kimberly Nakatani, Sr. Accountant
- Joanie Wenzl, Admin Manager/Clerk of the Board

Guests Present:

None

Call to Order and Introductions – Chair

- Introduction/Lindsay Lopes, new NS BH-ASO Deputy Director

The new Deputy Director for NS BH-ASO was introduced and spoke about her background

Tribal Acknowledgement – Chair

[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](https://nsbhaso.org)

The Chair read the Tribal Acknowledgement

Revisions to the Agenda – Chair

No revisions to the agenda were requested

Approval of the April 10th, 2025, Minutes, Motion #25-18 – Chair..... Attachment

Justin Paulsen moved the motion for approval, Malora Christensen seconded, all in favor, none opposed, motion #25-18 carried.

Comments & Announcements from the Chair – Chair

No comments

Reports from Members – Chair

Board members gave updates on their current behavioral health happenings in their respective counties

Comments from the Public – Chair

No public present

Report from the Advisory Board

Kara Allen, Advisory Board Chair

The Advisory Board Chair gave the report from the Advisory Board

Report from the Finance Officer

Kimberly Nakatani, Sr. Accountant

Kim gave the report from the Finance Officer. There were no questions

Report from the Governance Operations Committee – Chair

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Motion #25-19

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from April 1st, 2025, through April 30th, 2025, in the amount of **\$1,832,519.31**.
- Payroll for the month of April in the amount of **\$238,113.70** and associated employer benefits in the amount of **\$117,764.55**.

Justin Paulsen moved the motion for approval, George Kosovich seconded, all in favor, none opposed. Motion #25-19 carried

For Board Approval

Action Items – Margaret Rojas, Assistant Director

Health Care Authority (HCA) Off-Cycle Amendment

- HCA is requiring North Sound BH-ASO to return \$4,741,120.15 of proviso restricted reserves

Motion #25-20

To authorize an increase of the expense budget by transferring \$4,741,120.15 from proviso restricted reserves.

Justin Paulsen moved the motion for approval, George Kosovich seconded, all in favor, none opposed, motion #25-20 carried

Introduction Items

Lisa Hudspeth, Contracts Manager

The contracts fall into four distinct categories:

- Health Care Authority (HCA) contracts to include funding for the period of July 1, 2025, through December 31, 2025, and Department of Commerce (DOC) contract to include funding for the period July 1, 2025, through December 31, 2025.
- Downstream contracts for General Fund-State (GF-S) Mandatory Services (Crisis Outreach, Involuntary Treatment Act (ITA) Services, ITA inpatient, Secure Withdrawal Management and Proviso Funding)

- Downstream contracts for Substance Use Prevention Treatment and Recovery Support Services (SUPTRS) Priority Services (Pregnant & Parenting Women Housing Services (PPW), Individuals using Intravenous Drugs (IUID) and Opiate Outreach)
- Downstream contracts for GF-S/SUPTRS/Mental Health Block Grant (MHBG) Services within Available Resources (Mental Health & Substance Use Disorder Outpatient, SUD Residential, Triage Services)

The downstream contracts follow the HCA contract. The funding for the downstream contracts is included in the same contract, which is why you will see the same contract under a different category of funding. The funding allocations for the downstream contracts will be developed over the next month.

Health Care Authority (HCA)

- HCA-NS BH-ASO-K-? is providing the GF-S funding for the period of July 1, 2025, through December 31, 2025, and Federal Block Grant funds for the period of July 1, 2025, through June 30, 2026.
 - GF-S funding is stable from the previous contract period.
 - 6-month allocation - \$
 - SUPTRS 12-month allocation - \$
 - MHBG 12-month allocation - \$

Motion #

HCA-NS BH-ASO-K-? providing the ASO GF-S funding and legislative proviso funds for the period of July 1, 2025, through December 31, 2025, and Federal Block Grant Funding for the period of July 1, 2025, through June 30, 2026.

HCA - Housing and Recovery through Peer Services (HARPS)

- HCA-NS BH-ASO-K-? Housing and Recovery through Peer Services (HARPS) is allocating the HARPS funds for the team serving Skagit & Whatcom Counties and the rental subsidies for all five counties. The estimated 12-month allocation is \$.

Motion #

HCA-NS BH ASO-K-? providing HARPS funding for the period of July 1, 2025, through June 30, 2026.

Department of Commerce – Community Behavioral Health Rental Assistance (CBRA) Program

- DOC-NS BH-ASO providing Community Behavioral Health Rental Assistance (CBRA) Program is allocating the CBRA funds for the period of July 1, 2025, through June 30, 2026 in all five counties. The estimated 12-month allocation is \$.

Motion #

DOC-NS BH-ASO providing CBRA funding for the period of July 1, 2025, through June 30, 2026

GF-S Mandatory Services

The following contracts provide mandatory behavioral health services. Funding for GF-S services is allocated every six (6) months.

- Compass Health

- Mobile Crisis Outreach Teams, ITA services, Child Youth and Family Crisis Outreach Team, Evaluation and Treatment Services, E&T Discharge Planners
 - Program for Assertive Community Treatment (PACT) services
 - 6-month allocation - \$
- Snohomish County
 - Mobile Crisis Outreach, ITA services
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$
- Volunteers of America
 - Toll Free Crisis Hotline
- Telecare
 - Evaluation and Treatment Services
 - E&T Discharge Planners
 - 6-month allocation - \$
- Lifeline Connections
 - PACT services
 - 6-month allocation - \$
 - HARPS team and Skagit & Whatcom rental subsidies
 - 12-month allocation - \$
- Snohomish County Superior Court
 - Juvenile Treatment Services
 - 12-month allocation - \$
 - AOT /Recovery Support Court Coordinator
 - 6-month allocation - \$
- Island County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$
- San Juan County
 - Proviso Funding – Designated Cannabis Account
 - 6-month allocation - \$
- Skagit County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$
- Whatcom County
 - Proviso Funding – Jail Transition Services, Designated Cannabis Account, Trueblood Funds
 - 6-month allocation - \$

Motion

NS BH-ASO-Compass Health-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-VOA-ICCN-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-San Juan County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

Substance Use Prevention Treatment and Recovery Support Services (SUPTRS) & Mental Health Block Grant (MHBG) Priority Services

The following contracts are providing SUPTRS priority Services:

- Brigid Collins
 - Pregnant and Parenting Women (PPW) Housing Support Services
 - 6-month allocation - \$
- Evergreen Recovery Centers
 - PPW Housing Support Services

- 6-month allocation - \$
- Catholic Community Services
 - PPW Housing Support Services
 - 6-month allocation - \$
- Compass Health
 - San Juan HARPS subsidies
 - 6-month allocation - \$
- Community Action of Skagit County
 - Opiate Outreach
 - 6-month allocation - \$
- Island County
 - Opiate Outreach, HARPS subsidies
 - 6-month allocation - \$
- Mount Baker Presbyterian Church (MBPC)
 - Opiate Outreach
 - 6-month allocation - \$
- Snohomish County
 - Opiate Outreach
 - 6-month allocation - \$
- Whatcom County
 - Opiate Outreach
 - 6-month allocation - \$
- Telecare Corp.
 - Peer Bridger Program
 - 6-month allocation - \$

Motion

NS BH-ASO-Brigid Collins-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-IC-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CCS NW-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-CASC-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-MBPC-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Telecare-FBG-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

GF-S/SUPTRS/MHBG Services within Available Resources

- City of Mount Vernon
 - Co-Responder project
 - 12-month allocation - \$
- Compass Health
 - SUD outpatient services in San Juan County (FFS)
 - Whatcom County Triage
 - 6-month allocation - \$
- Conquer
 - Assisted Outpatient Treatment (AOT) in Snohomish County
 - 6-month allocation - \$
- Evergreen Recovery Centers
 - Withdrawal Management Services (FFS)
 - Mental Health Infant Specialist
 - 6- month allocation - \$
 - Homeless Outreach and Stabilization Team (HOST)
 - 12-month allocation - \$
- Island County
 - Co-Responder project
 - 6-month allocation - \$
- Lake Whatcom Center
 - PACT

- 6-month allocation - \$
 - Mental Health outpatient services (FFS)
 - Substance Use outpatient services (FFS)
- Pioneer Human Services
 - Island, Skagit & Whatcom withdrawal management services
 - 6-month allocation - \$
- Snohomish County
 - Co-Responder project
 - 6-month allocation - \$
- Snohomish County Court Clerk Office
 - AOT Expenses
 - 6-month allocation - \$
- Snohomish County Prosecutor's Office
 - AOT Expenses
 - 6-month allocation - \$
- Snohomish County Public Defenders Association
 - AOT Expenses
 - 6-month allocation - \$
- Snohomish County Superior Court
 - AOT Expenses
 - 6-month allocation - \$
- Whatcom County
 - Co-responder project
 - 6-month allocation - \$

Motion

NS BH-ASO-City of Mount Vernon-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Conquer Addiction-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-ERC-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Island County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-LWC-ICN-19-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-PHS-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-ICCN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-Court Clerk-AOT-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-Prosecutors Office-AOT-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County-Public Defenders Association-AOT-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Whatcom County-ICN-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

Recovery Navigator Program (RNP)

- The RNP program is receiving their annual allocation in the following amounts:
 - Island County - 12-month allocation \$
 - San Juan County (Compass Health) - 12-month allocation \$
 - Skagit County (Community Action of Skagit County) - 12-month allocation \$
 - Snohomish County - 12-month allocation \$
 - Whatcom County -12-month allocation \$

Motion#

North Sound BH-ASO-Island County-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Compass Health-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Community Action of Skagit County-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30,

2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Whatcom County-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

North Sound BH-ASO-Snohomish County-RNP-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

Department of Commerce – Community Behavioral Health Rental Assistance (CBRA)

- This contract is a renewal of funding for Community Behavioral Health Rental Assistance (CBRA) for individuals exiting inpatient/residential services and in need of housing, the funding can be used for short-term and long-term housing, with the latter as the goal.
- Added to the CBRA contracts are Governor’s Housing Initiative funds and Proviso 86 housing assistance funds allocated to North Sound through a competitive process.
- The following motion is the downstream contracts allocating the behavioral health rental assistance funds and Federal Block Grant funds for housing case management services, and HARPS subsidies for Snohomish County.
 - Bridgeways provides CBRA, HARPS & Proviso 86 rental assistance services in Snohomish County.
 - 12-month allocation \$
 - Compass Health provides CBRA services in San Juan County and CBRA & Proviso 86 rental assistance services in Snohomish County.
 - 12-month allocation \$
 - Lifeline Connections provides CBRA, Governor’s Housing Initiative & Proviso 86 rental assistance services in Skagit and Whatcom County.
 - 12-month allocation \$
 - Lake Whatcom Center provides CBRA, Governor’s Housing Initiative & Proviso 86 rental assistance services in Whatcom County.
 - 12-month allocation \$
 - Pioneer Human Services provides CBRA & Proviso 86 rental assistance services in Island County.
 - 12-month allocation \$

Motion #

NS BH-ASO-Bridgeways-CBRA-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-25 to provide funding to continue services under this contract. The contract term is July 1, 2025, through June 30, 2026, with an automatic one-year renewal on July 1, 2026, based on continued compliance with the terms of the contract.

[Lisa Hudspeth spoke about the introduction items listed above](#)

Report from the Executive Director

JanRose Ottaway Martin, Executive Director

[JanRose gave an update on the following topics:](#)

- [Crisis Metrics](#)
- [Crisis Care Facility Lynwood](#)
- [Endorsed Teams](#)
- [Island County Letter to Health Care Authority \(HCA\)](#)

Adjourn: [2:11 p.m.](#)

Next Meeting: June 12th, 2025

Respectfully Submitted,

Joanie Wenzl
Clerk of the Board

Joanie_Wenzl